

Please make your care easier for you and your doctor: know what is covered by searching your MEDICATION FORMULARY (go online or call your insurance company).

Antihistamines

Cetirizine 5mg, 10 mg (Zyrtec)
Desloratadine 5mg (Clarinex)
Fexofenadine 180mg (Allegra)
Levocetirizine 5mg (Xyzal)
Loratadine 10mg (Claritin)

Anti-Leukotrienes

Montelukast 4mg, 5mg, 10mg (Singulair)
Zafirlukast 10mg, 20mg (Accolate)

Allergy eye drops

Alcaftadine (Lastacaft)
Azelastine (Optivar)
Bepotastine (Bepreve)
Cromolyn (Crolom)
Emedastine (Emadine)
Epinastine (Elestat)
Ketotifen (Zaditor, Alaway, store-brand)
Nedocromil (Alocril)
Olopatadine 0.1% (Patanol)
Olopatadine 0.2% (Pataday)
Olopatadine 0.7% (Pazeo)

Nasal Steroids

Beclomethasone 40mcg, 80mcg (Qnasl)
Budesonide (Rhinocort)
Ciclesonide (Omnaris, Zetonna)
Flunisolide (Nasarel)
Fluticasone furoate (Sensimist, Veramyst)
Fluticasone propionate (Flonase)
Mometasone (Nasonex)
Triamcinolone (Nasacort)

Nasal anticholinergic

Ipratropium bromide 0.03%, 0.06% (Atrovent nasal)

Nasal Antihistamines

Azelastine 0.1% (Astelin)
Azelastine 0.15% (Astepro)
Olopatadine (Patanase)

Nasal Spray Combination

Azelastine 0.1%/Fluticasone propionate 50 mcg (Dymista)

Inhaled Steroids

Beclomethasone 40mcg, 80mcg (Qvar)
Budesonide DPI 90mcg, 180mcg (Pulmicort Flexhaler)
Budesonide respules 0.25mg, 0.5mg, 1mg (Pulmicort)
Ciclesonide 80mcg, 160mcg (Alvesco)
Flunisolide 80mcg (Aerospan)
Fluticasone furoate DPI 100mcg, 200mcg (Arnuity Ellipta)
Fluticasone propionate DPI 50mcg, 100mcg, 250mcg (Flovent Diskus)
Fluticasone propionate HFA 44mcg, 110mcg, 220mcg (Flovent HFA)
Mometasone DPI 110mcg, 220mcg (Asmanex Twisthaler)
Mometasone HFA 100mcg, 200mcg (Asmanex)

Inhaled Steroid/LABA Combinations

Budesonide/formoterol 80/4.5, 160/4.5 (Symbicort)
Fluticasone furoate/vilanterol DPI 100/25, 200/25 (Breo)
Fluticasone propionate/salmeterol DPI 100/50, 250/50, 500/50 (Advair Diskus)
Fluticasone propionate/salmeterol HFA 45/21, 115/21, 230/21 (Advair HFA)
Mometasone/formoterol 100/5, 200/5 (Dulera)

Short-acting Beta-Agonists

Albuterol HFA (ProAir, Ventolin, Proventil)
Levalbuterol 45mcg, 0.021%, 0.042% (Xopenex)

Other: _____

Return appointment: _____

Links:

Allergic Rhinitis: <https://www.aaaai.org/conditions-and-treatments/allergies>
Asthma: <https://www.aaaai.org/conditions-and-treatments/asthma>
Food Allergy: <http://www.aaaai.org/conditions-and-treatments/allergies/food-allergies>
Hives: <http://acaai.org/allergies/types/skin-allergies/hives-urticaria>
Immunotherapy: [https://www.aaaai.org/conditions-and-treatments/treatments/allergy-shots-\(immunotherapy\)](https://www.aaaai.org/conditions-and-treatments/treatments/allergy-shots-(immunotherapy))